

FOOD RESOURCES

Revised May 2021

- 1. FREE & REDUCED CCSD BREAKFAST & LUNCH:** During the school year in order for students to receive breakfast and lunch at no cost or reduced-price families should complete the application for meal eligibility online at myschoolapps.com or speak with your child's school.
- 2. THREE SQUARE FOOD BANK:** For a list of the multiple locations where Three Square is providing food distributions visit www.threesquare.org/help or call (702) 765-4030 Kids Café summer food program will run from 6/1/21-8/6/21 where there will be over 40 sites & 18 mobile sites. Visit www.freesummerfood.org for a full list.
- 3. THE JUST ONE PROJECT:** Mobile pop-up food distribution takes place every 3rd Saturday of the month. Visit website or call to see all 10 locations. To utilize their emergency food assistance email appointment@thejustoneproject.org. To request a pantry appointment, visit www.thejustoneproject.org/senior-food-market or call (702) 462-2253
- 4. PROJECT 150:** Food distribution available for families with a high school student only to pick up once a week. Student must be present with a school ID. **Summer hours: M-F 9a-1p** or school year **M-F 1pm-4pm**. Visit [Facebook page @Project150](https://www.facebook.com/Project150), www.project150.org or call (702) 721-7150
- 5. ACELERO LEARNING:** Drive Thru food distribution available every other **Thursday** starting at **7:30a.** at **1555 W. Carey Ave. N. LV 89032.** Start of line will be the entrance off of Comstock only. Call to learn more at **702-642-0451.**
- 6. CATHOLIC CHARITIES OF SNV:** Food pantry available **M-F 11a-1p.** at **1501 Las Vegas Blvd. North (702) 385-2662.** Call to learn about documents needed to receive food. www.catholiccharities.com
- 7. EAST VALLEY FAMILY SERVICES:** Emergency food assistance is available **Tues., Wed., & Thurs., 9am-12pm** on a monthly basis. Bring any form of ID. They also provide support with applying for SNAP. For more support call **702-631-7098**
- 8. HOPE LINK OF SOUTHERN NEVADA** Call **(702) 566-0576 M-Th 8a-5:30p** for emergency food assistance. You can also email your circumstance to info@link2hope.org or visit www.link2hope.org
178 Westminster Way Henderson, NV 89015
- 9. LUTHERAN SOCIAL SERVICES OF NEVADA** Food pantry is available **Tuesdays and Thursdays from 8a-11a.** You are able to take premade Emergency Box of the food stock that day (usually meats, produce, bread, and canned goods / dried goods). Call for appointment. **4323 Boulder Highway Rd. (702) 639-1730**
- 10. LV RESCUE MISSION** Provides fresh produce and dairy to individuals and families in need. Giveaways take place weekly on **Thursdays from 9a-11a** & will be open to the public via drive-thru at **480 W. Bonanza Rd. 89148**
- 11. RECONCILIATION APOSTOLIC MINISTRIES** Food pantry every **1st & 3rd Thursday starting at 9a** at 911 G Street. For more information call **702-386-7266**
- 12. PROJECT 4 HUMANITY** In partnership with Go Fresh. USDA farmers to families food boxes. Every **Tuesday-Saturday** at 10am at **912 E. Sahara Ave.**
- 13. CULINARY ACADEMY LV** Appointments are available to pick up 30-40 lbs of assorted, essential food items (starch, protein, fruit, vegetables). Make appointment at bit.ly/cc-efa. Call **702-227-8842** for eligibility and immediate assistance.
- 14. NEVADA 211** Call 2-1-1 or 1-866-535-5654, text your zip code to 898211 or visit www.nevada211.org to learn more about food assistance and any other basic needs your family may need.
- 15. SEARCH FOR FOOD PANTRIES IN YOUR AREA** www.foodpantries.org



If you have insurance, we recommend that you call the number on the back of your insurance card for more specific providers in your area. All agencies below accept Medicaid among other popular insurances, have in-person and some telehealth options and sliding scale fee is available for those uninsured. If you don't have insurance, you can still obtain therapy. Ask the agency how!

AGENCIES

1. **FIRSTMED HEALTH & WELLNESS CENTERS**
702-731-0909 | 3 Locations | Spanish Speaking
2. **INNOVATION BEHAVIORAL HEALTH SOLUTIONS**
702-258-5711 | 89146 | Spanish Speaking
3. **HEADSUP GUIDANCE & WELLNESS CENTER OF NV**
702-922-7015 | 89102
4. **NEUBAUER MENTAL HEALTH SERVICES**
702-806-5268 | 89108 | Spanish Speaking
5. **CENTER FOR COMPASSIONATE CARE**
702-796-3167 | 89119 | Spanish Speaking
6. **BRIDGE COUNSELING ASSOCIATES**
702-474-6450 | 89106 | Spanish Speaking
7. **COMMUNITY COUNSELING CENTER**
702-369-8700 | 89104 | Spanish Speaking
8. **INTEGRITY COUNELING**
702-499-4922 | 89117 | Spanish Speaking
9. **SERENITY COUNSELING & SUPPORT SERVICES**
702-608-4220 | 89117 | Spanish Speaking
10. **NEVADA HEALTH CENTERS**
1-800-787-2568 | 6 Locations | Spanish Speaking
11. **VOLUNTEERS IN MEDICINE**
702-967-0530 | 2 Locations | Spanish Speaking
12. **THE HEALTHY FOUNDATIONS CENTER**
702-489-2117 | 89117 | Spanish Speaking
13. **180 COMMUNITY WELLNESS CENTER**
702-675-6314 | 89032 | Spanish Speaking
14. **LAS VEGAS THERAPY**
702-659-4825 | 89196 | Spanish Speaking
15. **ALL ABOUT ME COUNSELING**
702-754-0807 | 89123 | Spanish Speaking

INDIVIDUALS

16. **DOMINIQUE MARIE, Optimal Focus**
317-900-6556 | 89032 | Telehealth only
17. **FRANCISCO GONAZLEZ, LCSW**
Tress Puntos Counseling
725-208-8130 | 89119 | Spanish Speaking
18. **IVET ALDABA, LCSW-INTERN**
Red Rock Psychology
702-898-5311 | 89119 | Spanish Speaking
19. **NORMA PLATT, LCSW**
Bilingual Center For Behavioral Health
702-947-6337 | 89119 | Spanish Speaking
20. **ALLISON VIGIL, LCSW**
A Place Of Grace
702-203-1964 | 89118 | \$35/session | Spanish Speaking
21. **JANET NORDINE, Experience Courage**
702-630-2848 | 89134
22. **AUBREY WADMAN, MFT-INTERN GOETSCH**
725-222-1147 | 89052 | Telehealth only
23. **KRISTINA ANDAYA, MFT-INTERN**
702-550-2491 | 89147
24. **SHELBY NAKAMURA, MFT**
NEW HORIZON
775-468-3224 | 89117
25. **MAYRA FRUTOS, MFT**
702-815-1550 | 89108 | Spanish Speaking
26. **NEVADA 211 DIRECTORY**
Call 2-1-1 or 1-866-535-5654 or text your zip code to 898211 or visit www.nevada211.org
27. **MENTAL HEALTH IS HEALTH**
Visit website to assess your current feelings and other experiences you have gone through to get the support you are seeking. www.mentalhealthishealth.us



1. **EAST VALLEY FAMILY RESOURCES:**
One-Stop center for Case Management and referrals, assistance with completing online welfare applications & coordinated housing assessments. Call (702) 631-7098
2. **DIVISION OF WELFARE & SUPPORTIVE SERVICES:** www.dwss.nv.gov
Food Stamps, TANF, Medicaid, Child Care assistance, Energy assistance, child support Enforcement Program, To apply for benefits (702) 426-4900
3. **EYE CARE 4 KIDS** Free vision exam & eye glasses for CCSD students K-12. \$50 fee for adults ages 18+. Call 702-727-3525 for appointment.
4. **ONE-STOP CAREER CENTER WEBSITE:** www.nvcareercenter.org
For Telephone or online application: 702-822-4200, 4 locations in the Valley
5. **UNLV SCHOOL OF DENTAL MEDICINE:**
Children's Dental Prevention Clinic offering free care for ages 6-11 y/o without dental insurance or with Medicaid, NV Check Up, or private insurance. 702-774-2461
6. **SAFE NEST**
Providing Mass Shelter options (for victims of domestic violence) 702-646-4981
7. **FAMILY PROMISE OF LAS VEGAS**
Providing Mass Shelter Options (for families with minor children) 1410 S Maryland Pkwy, 702-638-8806
8. **LUTHERAN SOCIAL SERVICES OF NEVADA:**
Maternity and Baby Clothing, Diapers, Formula, Wipes, and other Free Supplies. 702-639-1730 www.lssnv.org
9. **COMMUNITY NAVIGATORS** Learn more about housing assistance, healthcare, early childhood education, food assistance, workforce/employment and more! 702-579-5201
10. **COMMUNITIES IN SCHOOL:** Individualized support by a caring adult for attendance, behavior, course performance, social emotional wellbeing and more. Visit your school or call 702-550-3799 to identify if your K-12 schools has CIS. www.cissnv.org
11. **BETTY'S BOUTIQUE BY PROJECT 150:** High school students are able to shop once a month for free for clothing and accessories Mon-Fri 12p-3p. Call 702-721-7150 ext. 106 to make an appointment
12. **LAS VEGAS DIAPER BANK:**
Walk-ins accepted Monday 10 a.m. – 4 p.m.
Parents will receive 50 diapers and 25 pull-ups. Parents can get diapers once every 30 days.
928 E Sahara Ave, Las Vegas, NV 89104
13. **NEVADA PARTNERSHIPS FOR HOMELESS YOUTH**
If a student is kicked out of their house or has no safe place to sleep, NPHY can support with housing and support with a case manager. www.nphy.org
4981 Shirley Street, LV, NV 89119 702-383-1332
14. **ANTHEM NV MEDICAID** If you have Anthem NV Medicaid or are looking to change Medicaid plan, you can contact 702-486-1646 to learn how to utilize all the great benefits that this plan has for families or for open enrollment. www.chooseanthem.com/nv
15. **SUICIDE HOTLINE** *If you are having suicidal thoughts the Suicide Prevention Lifeline is here to help! The Lifeline provides 24/7, free & confidential support for people in distress. You are not alone. Call 1-800-273-8255 or visit www.suicidepreventionlifeline.org*
16. **CRISIS TEXT LINE** *Social distancing may be lonely, but you're not alone! If you are experiencing anxiety, emotional abuse, depression, suicidal thoughts, stress or other forms of crisis, text HOME to 741741 for free, 24/7 crisis counseling and visit www.crisistextline.org to be connected with a live, trained Crisis Counselor.*
17. **NEVADA 211:** Call 2-1-1 or 1- 866-535-5654, text your zip code to 898211 or visit www.nevada211.org to learn more about financial assistance and any other basic needs your family may need. Youth App available for download. Search Nevada 211.

1. **EAST VALLEY FAMILY RESOURCES:**
to apply for welfare benefits go to:
www.accessnevada.dwss.nv.gov/public/landing
We are here for you, on **Tuesdays & Thursdays 9:00am-12:00pm to provide Emergency Food Assistance** (while supplies last)
2. **HELP OF SOUTHERN NEVADA:**
In addition to rental programs, this agency offers a wide variety of programs, such as security deposit assistance, food, electric bill, counseling, and much more. They also have several locations across Clark County.
(702) 369-4357 www.helpsonv.org
3. **THE SALVATION ARMY:**
Shelter, low-income housing, and homeless prevention/rent assistance is offered. They also administer a variety of other social services, and are a great place to call for referrals too. May offer a variety of rent programs, shelter or other forms of social services.
www.salvationarmy.org
4. **LUTHERAN SOCIAL SERVICES:**
Services include information on low income as well as transitional housing. Families facing a crisis may qualify for a loan from LSS of Nevada.
702-639-1730 www.lssnv.org
5. **CLARK COUNTY CATHOLIC CHARITIES:**
Regardless of religion, they may be able to offer assistance. If you have an eviction notice then you may qualify for emergency rental assistance. Possibly money for deposit, first month's rent, or moving costs is also available at the charity. www.catholiccharitiesusa.org
1501 N Las Vegas Blvd LV, NV 89101 (702) 385-2662
6. **LAS VEGAS URBAN LEAGUE:**
If you are faced with an eviction, or are struggling to pay your rent, meet with a housing specialist to learn about available options. www.childcarelv.org/en
2470 N Decatur Blvd LV NV 89108 (702) 473-9400
7. **LEGAL AID CENTER OF SOUTHERN NEVADA:**
Assists with housing issues, including eviction prevention, foreclosures, and security deposit disputes and more. They are pro-bono, or free legal firm in Clark County. www.lacsn.org
725 E. Charleston Blvd, LV NV 8910 (702) 386-1070
8. **THE COURTYARD HOMELESS RESOURCE CENTER:** If you become homeless this center has access to: Housing, Medical/Mental Health Services, Legal Assistance, Employment & Educational Opportunities, Income/Benefit Assistance, Clothing, Additional Wraparound Services. **(702) 229-6117 courtyardHRC@lasvegasnevada.org**
314 Foremaster Ln. 89101
9. **HOPE LINK OF SNV**
Rent, mortgage, utility and other assistance is available by calling **(702) 566-0576 ext. 312 8a-12p M-Th** or email info@link2hope.org
www.link2hope.org
10. **UNITED LABOR AGENCY OF NEVADA**
Providing Rent & Mortgage assistance
1201 N Decatur Blvd, Suite# 106 89108 (702) 648-3500
11. **CLARK COUNTY SOCIAL SERVICES**
Financial, transportation, housing, and long term assistance is available.
www.clarkcountynv.gov
(702) 455-4270
12. **NEVADA PARTNERS**
Utility assistance available for low income residents such as water, electric and gas. Call **725-735-2932** for more information or to make an appointment or email ythomas@nevadapartners.org
13. **NEVADA 211**
Call 2-1-1 or 1-866-535-5654, text your zip code to **898211** or visit www.nevada211.org to learn more about financial assistance and any other basic needs your family may need.



1. **AD GUY KNOWLEDGE CENTER** Provides educational opportunities for children, youth, adults, and seniors in areas of child development, school readiness, nutrition, business development and much more. www.extension.unr.edu | 817 N. St., LV, NV 89106 | 702-998-0223 | adguy@unr.edu
2. **AFTER-SCHOOL ALL-STARS** Provides free, comprehensive after-school programs in elementary & middle schools that keep children safe and help them achieve in school and in life. They provide youth the opportunity to participate in programs that include sports, educational, cultural, and community enrichment components throughout the school year. www.asaslv.org/schools | 702-259-1850 | info@asaslv.org
3. **CLARK COUNTY LIBRARY DISTRICT** Provides free programming for all ages from books, music, online resources, events, storytelling, learning tools, employment assistance, summer programs, English Language Learning classes, and more! www.lvccld.org
4. **KHAN ACADEMY** Provides free world-class education for anyone at any level all online. www.khanacademy.org
5. **TEDED** Online access to a variety of educational videos on any topic that you may be curious to learn more about available for students, educators, and parents. www.ed.ted.com
6. **PBS LEARNING MEDIA** Online access to educational videos on subjects such as social studies, English, mathematics, science, arts, world language, and more depending on student's grade level. www.vegas.pbslearningmedia.org
7. **POLICE ATHLETIC LEAGUE** Provides youth ages 6-17 alternatives through athletics, education and community service like boxing, basketball, movement fitness, youth MMA, and fight club. www.pallvmpd.com
8. **CLARK COUNTY COMMUNITY CENTERS** Community centers providing free, low-cost programming for kids, adults, and seniors. A variety of locations around the Vegas valley. www.clarkcounty.nv.gov
9. **SUNRISE HOSPITAL CHILDREN'S FOUNDATION** Apply for educational services for kids birth to 5 years and receive individualized support that will increase school readiness for all children & families. www.sunrisechildren.org
10. **CLARK COUNTY 4-H YOUTH DEVELOPMENT** Offers youth opportunities in communications, leadership, career development, citizenship, healthy living, science, technology, engineering, math and more. www.extension.unr.edu